



# Parents with Alzheimer's: Best Practices in Caring for a Loved One (Family & Caregiving)

*Bernice Gibson*

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Taking care of a parent with Alzheimer's is difficult and something that no child is ever prepared for but it is possible. "Parents with Alzheimer's: Best Practices in Caring for a Loved One" is a book designed to help you to not only understand your parent's disease but it is also set up to provide you with tips to cope as Alzheimer's becomes a part of your everyday life.

"Parents with Alzheimer's: Best Practices in Caring for a Loved One" covers everything you need to know about Alzheimer's from stage one of the disease and pre-dementia through to the time when your parent passes away, and you are faced with the grieving process. Unlike other books that focus only on caring for someone in the beginning stages Alzheimer's, this book tackles every step from the beginning to the end and includes everything in between.

As you journey through "Parents with Alzheimer's: Best Practices in Caring for a Loved One" you will learn about the signs and symptoms of Alzheimer's in your parent and how they will differ with each phase of the disease. You will also learn how to react to various incidences that are common among Alzheimer's patients.

## **Here is a preview of what you will learn from this book:**

- How to cope with your changing relationship with your parent with Alzheimer's.
- Recognizing signs of caregiver depression.
- Psychosocial techniques used to moderate symptoms of Alzheimer's.
- How to approach communication with someone who has Alzheimer's.
- And Much More

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