



The Green Foods Bible - Revised and Expanded Edition: Could Green Plants Hold the Key to Our Survival?

David Sandoval

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No matter where you are coming from—under-nourished, overweight, sick, or trying to hold on to the gift of good health—this book will help you. You will find answers here. If I have done my job, you are about to become as passionate and enthusiastic as I am about life, superfood and green plants, and together we might just change the world, starting with ourselves. I decided to write this book to show you exactly what it is I'm so passionate about—and how these foods can help you, no matter where you're at in life or health. I have seen the remarkable healing effects of green foods on people with cancer, diabetes, and every imaginable condition from acne to AIDS. I have even personally used green foods to transform and save people from death caused by morbid obesity. My message is simple: You can transform your own health—starting with the food you put in your mouth. I guarantee it!



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