



# **The Making of an Ordinary Saint: My Journey from Frustration to Joy with the Spiritual Disciplines**

*Nathan Foster*

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## **The Making of an Ordinary Saint: My Journey from Frustration to Joy with the Spiritual Disciplines**

Nathan Foster

Interacting with his father, Richard, Nathan Foster explores the classic spiritual disciplines in fresh, creative ways, sharing engaging personal stories that show how these ancient practices can help us live more like Jesus in everyday life.



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