



# **The Older Adult Psychotherapy Treatment Planner, with DSM-5 Updates, 2nd Edition (PracticePlanners)**

*Deborah W. Frazer, Gregory A. Hinrichsen, Arthur E. Jongsma Jr.*

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**This timesaving resource features:**

- Treatment plan components for 30 behaviorally based presenting problems
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- A step-by-step guide to writing treatment plans that meet the requirements of most accrediting bodies, insurance companies, and third-party payors
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- Organized around 30 behaviorally based presenting problems including depression, unresolved grief, life role transition, and substance abuse
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

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