



Inner Alchemy: Energy Work and the Magic of the Body

Taylor Ellwood

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In Inner Alchemy you'll explore spaces unknown and places unvisited, right within your own body! The alchemy of the body and all of its mysteries are a fascinating realm, but often people ignore this realm, taking for granted the miracle that they have around them everyday. In this book Taylor Ellwood shows you: How to contact neurotransmitter entities The elemental balancing ritual DNA magic Advanced energy work Have you ever wondered how you could work with your senses more? Or have you wondered when you've been sick if what you're feeling is remotely useful? Inner alchemy answers these questions and more! Explore the depths of your brain and meet neurotransmitter spirit guides who will guide you to better physical and psychological health. Discover the miracle within your DNA. Learn about different systems of energy work and what it can offer you. Discover for yourself just how amazing your body really is!



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