



Strategies for Inclusion: A Handbook for Physical Educators - 2E

Lauren Lieberman, Cathy Houston-Wilson

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The second edition of *Strategies for Inclusion: A Handbook for Physical Educators* is a proven text and reference that offers teachers the tools they need in order to include children with disabilities into their programs.

This completely updated edition builds on the rock-solid content of the first edition, supplying teachers with the following tools:

- A CD-ROM from which they can print ready-to-use forms, trainings for peers and paraeducators, rubrics, checklists, assessments, and lesson plans

- A new chapter on support for positive behavior, with proven methods for managing and improving students' behavior and strategies for avoiding behavioral problems

- A new chapter on support personnel, with guidance for training and duties as well as strategies to get everyone involved and working together

- Updated references and approaches and a section on legislative mandates

The case studies that appear at the beginning of each chapter will help preservice and in-service teachers relate the material to their classrooms. These studies help readers explore their thoughts about an inclusion topic and understand the approach of the chapter.

As with the first edition, the authors provide instruction on making placement decisions, developing and implementing an individualized education plan (IEP), using goal banks with IEPs, assessing students through multiple methods, and adapting activities to meet unique needs. They also supply guidance in overcoming blanket medical excuses, training peer tutors, training paraeducators, using homework in physical education, promoting leadership among all children, and involving the community to facilitate inclusion. And they offer teaching tips with hands-on solutions and a discussion and comparison of assessment tools.

Appendices include additional information on disability awareness programs, equipment companies, parent Web sites, role models with disabilities, describing disabilities in kids' terms, peer tutor training material, and national standards for adapted physical education.

The result is a complete resource that is filled with applications and easy-to-implement planning and assessment strategies. Teachers who use *Strategies for Inclusion* can empower students with the knowledge that hopes and goals can be achieved—for *all* students—through understanding, cooperation, and creativity.

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