



## Go the F\*\*k to Sleep

*Adam Mansbach*

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Go the F\*\*k to Sleep is a bedtime book for parents who live in the real world, where a few snoozing kitties and cutesy rhymes don't always send a toddler sailing blissfully off to dreamland. Profane, affectionate, and radically honest, it captures the familiar ? and unspoken ? tribulations of putting your little angel down for the night. Beautiful, subversive, and pants-wettingly funny, Go the F\*\*k to Sleep is a book for parents new, old, and expectant. You probably should not play this for your children. "A children's book for grown-ups! I really did laugh out loud?hilarious!" –David Byrne, musician, father of one "Finally, someone tells it like it really is. This is no-guilt funny and a godsend!" –Cristina García, author of The Lady Matador's Hotel, mother of one "This is the most honest children's book ever written. F\*\*king hilarious." –A.J. Jacobs, author of The Year of Living Biblically, father of three "Go the F\*\*k to Sleep is the secret anthem of tired parents everywhere." –Bliss Broyard, author of One Drop: My Father's Hidden Life, mother of two "Captures the beautiful struggle of being a parent at its rawest point: bedtime." –Daniel Sinker, author of The F\*\*\*ing Epic Twitter Quest of @MayorEmanuel, father of one

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