



Crystals: Crystal Healing For Beginners. Uncover The Healing Power Of Crystals And Healing Stones and Learn How To Heal The Human Energy Field, Reduce ... crystal healing, power of crystals)

Frances Adkins

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Crystals are not just pretty to look at and delightful to hold, they also hold somewhat magical qualities, including the ability to promote healing and balance in the body and mind. But not just any old crystal will do. You need to know what crystals work on the particular problem or purpose you want them for.

Choosing the right crystal can be a confusing problem, with so many varieties available. Or perhaps rather than just having one or two crystals, you may want to create a crystal altar using several different types of crystals and stones. Do you know what a crystal altar is? There is a chapter in this book that will tell you all about it, including how to set it up and how to use it.

Did you know that crystals should be cleansed after every healing? This is an important factor when using crystals in this way, and failing to cleanse them could lead you to be less successful in your healing.

It is also important to know which crystals or stones work together with the different chakras. There is much to learn when considering using crystals for healing, but really it is not that difficult. This book can show you how to choose a crystal, what each crystal is useful for and how to use them.

Some of the chapters include:

- How to use healing crystals
- How to build a crystal altar
- Cleansing your crystals
- Specific crystals for certain conditions
- Crystal guide
- Different types of healing

Getting Your FREE Bonus

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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