



## Four Elements: Reflections on Nature

*John O'Donohue*

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## Four Elements: Reflections on Nature John O'Donohue

From the beloved author of the bestselling *To Bless the Space Between Us* and *Anam Cara* comes a new work that shares his insights on nature and the ancient wisdom of this earth.

John O'Donohue won hundreds of thousands of admirers with his now classic work on Celtic spirituality *Anam Cara*. Unfortunately he died suddenly at age fifty-two just as his book of blessings, *To Bless the Space Between Us*, was being published. The loss of his powerfully wise and lyrical voice has been profoundly missed, but his many readers are given a special opportunity to revisit John in a new book based on a series of papers he wrote on the elements of water, stone, air, and fire, now published here for the first time. O'Donohue's readers know him as both a spiritual guide and a poet, and in this work he exhibits both qualities, sharing his Celtic heritage and his love for his native landscape in the west of Ireland. As O'Donohue explores a range of themes relating to the way we live our lives today, he reveals how the energy and rhythm of the natural world—its innocence and creativity, its power and splendor—hold profound lessons for us all. With a foreword written by his beloved brother, Pat, this illuminating book is an inspired reflection on the ancient wisdom of the earth.



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