



# The Vein of Gold: A Journey to Your Creative Heart

*Julia Cameron*

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**The Vein of Gold: A Journey to Your Creative Heart** Julia Cameron

In the **The Vein of Gold: A Journey to Your Creative Heart**, Julia Cameron, author of **The Artist's Way**, draws from her remarkable teaching experience to help readers reach out into ever-broadening creative horizons. As in **The Artist's Way**, she combines eloquent essays with playful and imaginative experiential exercises to make **The Vein of Gold** an extraordinary book of learning-through-doing. Inspiring essays on the creative process and more than one hundred engaging and energizing tasks involve the reader in "inner play," leading to authentic growth, renewal, and healing.

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