



# 5 Steps to Restoring Health Protocol: Helping those who haven't been helped with Lyme Disease, Thyroid Problems, Adrenal Fatigue, Heavy Metal Toxicity, Digestive Issues, and More!

*Jay Davidson*

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**5 Steps to Restoring Health Protocol: Helping those who haven't been helped with Lyme Disease, Thyroid Problems, Adrenal Fatigue, Heavy Metal Toxicity, Digestive Issues, and More!** Jay Davidson After seeing his wife's health deteriorate, Dr. Jay Davidson went on a search for the answers her doctors just could not find. His research led him to the techniques that he now employs in his 5-step plan. Not only did his wife's health rebound, but Dr. Davidson personally began following this plan as well. Even though he was relatively healthy, he saw great results. This showed him that anyone could benefit from his plan. After hundreds of his patients achieved their wellness goals using his techniques, he knew he had to share them with a larger audience. Of the success that he has seen in his clients as they incorporate his protocol into their treatment plan, Dr. Jay Davidson said, "The message is simple: no matter what your past is like or current circumstances are, there is hope. You can make a massive transformation in your life for the better." His 5 Steps to Restoring Health Protocol™ is simple: (1) identify the problems, (2) drain the junk from your body, (3) eliminate pathogens, (4) rebuild your body's tissues and pathways, and then (5) finally remove the heavy metals, biotoxins, and persistent organic pollutants (POPs) that have ravaged your system.

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