



Dr. Seth's Love Prescription: Overcome Relationship Repetition Syndrome and Find the Love You Deserve

Seth Meyers, Katie Gilbert

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The landscape of love is littered with people injured by love time and time again. And so they hobble from one bad relationship to another. But it doesn't have to be that way. Noted psychologist **Seth Meyers**, PsyD--aka Dr. Seth--has developed a foolproof four-step cure for Relationship Repetition Syndrome (RRS).

With this book, you can avoid making the same mistakes in your love life over and over again. With behavioral exercises and questionnaires designed to reveal the RRS behaviors that sabotage love, you'll learn why your relationships have failed, and how you can love more wisely--and happily--the next time.

Armed with Dr. Seth's unique love action plan, you can put the pain of dead-end relationships behind you and find true love that lasts--forever cured of RRS!



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