



# I segreti dello yoga [The Amazing Secrets of the Yogi]: Le rivelazione segrete dei più antichi iniziati [The revelation of the secret of the ancient initiates]

Charles Haanel

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[Pranayama, Kundalini, levitation, astral body, eternal lifeA book essential to learn the techniques needed to buy a body in perfect harmony and develop a vigorous health. Through the lessons and secrets of the master yogi everyone can learn how to breathe properly, to develop the power of the mind, invigorate the body and spirit.The secrets contained in the book are valuable tools to transform their lives in the path of abundance, health and happiness.]

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