



SMOOTHIES FOR WEIGHT LOSS: 25 Smoothie Recipes for Weight Loss and Energy - (Smoothie Recipes, Green Smoothies, Fat Loss)

Peter Hamilton

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This Smoothie recipe book is designed for everyone who wants to lose weight without crazy diet.

I believe hat using smoothies for weight loss is not just a myth.

Whether you are just starting with smoothies of you are looking for new exciting recipes, this book is right for you



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