



The Lessons of Saint Francis: How to Bring Simplicity and Spirituality into Your Daily Life

John Michael Talbot, Steve Rabey

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The life of St. Francis of Assisi was a paradigm of simplicity, humanity, and love. In today's busy world, his practices have enormous appeal, described in this inspiring work by **John Michael Talbot**, the founder of The Brothers and Sisters of Charity, a lay order based on the Franciscan principles of simplicity and self-sufficiency. In **The Lessons Of St. Francis**, Talbot and co-author **Steve Rabey** demonstrate the enduring significance of Franciscan wisdom. Organized by topic, such as Simplicity, Humility, Compassion, Solitude, Service, and Prayer, each chapter includes excerpts from the writings of St. Francis, as well as those of his followers and biographers. Combining deep spiritual insights with the offer of a saner, less chaotic way of living, **The Lessons Of St. Francis** offers wise advice on how to incorporate these virtues into our own lives today.

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