



Green Kitchen Travels: Healthy Vegetarian Food Inspired by Our Adventures

David Frenkiel, Luise Vindahl

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A collection of recipes perfect for those who love to cook delicious, nutritious vegetarian and vegan food, inspired by flavors from around the world. David, Luise, and Elsa are a family who love to travel. Hungry to see and taste more of the world, they had embarked on an around-the-world trip by the time Elsa was just 7 months old. They slept on a friend's couch in Brooklyn, hunted for a vegetarian restaurant in Beijing, and were mesmerized by the street food in Vietnam. By the time David and Luise returned home, their daughter had learned to walk and their minds and bellies were full with food inspiration. Take inspiration from their travels and start the day with indulgent almond pumpkin waffles from San Francisco, tuck into a raw bean sprout pad thai from Thailand for lunch, and a Sri Lankan vegetable curry for supper. David and Luise have you spoiled for choice with desserts, featuring cheesecake, raw tiramisu, and a sweet roti pancake. With easy-to-find ingredients and simple instructions, these recipes are sure to be a success. With stunning photography and food styling, as well as personal anecdotes and images from the authors' travels, *The Green Kitchen: Food From Our Travels* shares modern and inspiring vegetarian, vegan, and gluten-free recipes.

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Pat Swartz:

Green Kitchen Travels: Healthy Vegetarian Food Inspired by Our Adventures can be one of your basic books that are good idea. Many of us recommend that straight away because this e-book has good vocabulary that can increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The author giving his/her effort that will put every word into joy arrangement in writing Green Kitchen Travels: Healthy Vegetarian Food Inspired by Our Adventures although doesn't forget the main point, giving the reader the hottest and based confirm resource info that maybe you can be considered one of it. This great information can easily drawn you into brand new stage of crucial contemplating.

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