



When Your Child is Cutting: A Parent's Guide to Helping Children Overcome Self-Injury

Sony Khemlani-Patel PhD, Merry McVey-Noble PhD, Fugen Neziroglu PhD ABPP ABPP

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A Compassionate Guide for Parents

As a parent, what's harder to deal with than seeing your child in pain? It's especially frustrating when you feel like you've exhausted the resources you could use to help him or her stop hurting. And if your child is cutting or engaging in another form of self-injury, a behavior that you simply can't make any sense of in the first place, this feeling of helplessness can be unbearable.

This book offers you information and advice for dealing with a child who is hurting him or herself. Learn why self-injury happens, how to identify it, and how to address this sensitive topic with calm and confidence. Follow the book's clear and simple plan for communicating with your child about this problem. Connect with the best kinds of professional help to get him or her through this painful time. Above all, rely on this compassionate and clinically sound book to give you the one thing you really need when your child is in pain—hope.

- Learn about the causes and effects of self-injury
- Identify the signs of self-harm
- Communicate effectively with a child who is hurting him or herself
- Choose the best professional help
- Support your child's recovery



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Mark Cabrera:

Have you spare time for a day? What do you do when you have a lot more or little spare time? Yeah, you can choose the suitable activity for spend your time. Any person spent their spare time to take a stroll, shopping, or went to the particular Mall. How about open or even read a book called When Your Child is Cutting: A Parent's Guide to Helping Children Overcome Self-Injury? Maybe it is to become best activity for you. You recognize beside you can spend your time using your favorite's book, you can better than before. Do you agree with it has the opinion or you have different opinion?

Pam Boyd:

People live in this new day of lifestyle always make an effort to and must have the time or they will get lot of stress from both day to day life and work. So , if we ask do people have time, we will say absolutely sure. People is human not really a huge robot. Then we question again, what kind of activity are you experiencing when the spare time coming to you actually of course your answer will unlimited right. Then do you ever try this one, reading ebooks. It can be your alternative throughout spending your spare time, often the book you have read is usually When Your Child is Cutting: A Parent's Guide to Helping Children Overcome Self-Injury.

Catherine Mejia:

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