



# **Built To Last:: Designing & Maintaining a Passionate, Loving and Lasting Relationship**

*Geoff Laughton*

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If you decide you're finally going to find the perfect place to live and put the house of your dreams on that spot, you'd never do it without the best possible construction techniques, methods, materials, and finishes. Yet when it comes to your dream relationship, it's rare that any of that happens. Your average couple doesn't stop to design their relationship. Instead they get mesmerized by intense attraction and desire, believing that love will be enough to get them through and keep them happy over the long haul. Banking on this is, no doubt, a significant factor in why marriage rates are going down and divorce rates remain discouragingly high. Relationship Architect Geoff Laughton has spent the last 20 years helping individuals and couples design, build, and learn to maintain their ideal relationship, based on time-tested techniques, perspectives, and ways of communicating, many of which were learned in the course of Geoff doing those exact steps with his own marriage of over three decades. Based on that experience, as well as wisdom gained from working with over 1000 people, Geoff has noticed that men, in particular, are extremely challenged in knowing how to be masters of co-creating conscious, sacred relationships, while their partners struggle to understand how their partner could be so challenged in that regard. With Built To Last: Designing & Maintaining a Passionate, Loving and Lasting Relationship, Geoff has created a book that synthesizes over 30 years of experience, techniques, tools, and instructional stories from his practice that will allow men and their partners to no longer grope in the dark for solutions to their frustrations and confusions. This book will help you learn how you can proactively avoid traps that fell the average relationship, how to have your best chance of restoring a near-crumbling relationship, and ways to design a relationship in a conscious way so that you're each able to be inter-dependent allies and champions for your needs and dreams. Better still, this book lays it out in a real, pragmatic, and straight-talking way that doesn't require a Ph.D. in psychology to understand the possibilities.

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