



Effective Handling of Manipulative Persons

John D. Lentz

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The book is written for the use of corrections workers, staff members, volunteers, and anyone interested in manipulation or who may be having difficulty in coping with manipulative behaviors. People who work in corrections are assaulted with a barrage of manipulative ploys from inmates. The manipulative and self-destructive behaviors of inmates tend to elicit similar responses which are neither helpful to inmates nor employees. Even experienced officers are vulnerable to its effects. The intention of this book, therefore, is to provide information about manipulation and to offer principles and techniques that are effective in handling manipulation. There are five steps to this approach of dealing with manipulators- namely: (1) protecting ourselves; (2) discovering what is expected of us; (3) discovering how the manipulator isn't taking responsibility; (4) giving back responsibility; and (5) taking care of yourself. It is not important to memorize these principles or steps. They are to give clarity to the process that is discussed. All of the options are intended to be easily applied and usable by people without training in psychology. Substance abuse counselors and management personnel will especially find the techniques helpful. In management, personnel will especially find the techniques helpful. In fact, most people will find that the options are useful in a variety of settings. The material presented is based upon the bible, a variety of counseling approaches, and personal experience. It is written to illustrate some ways in which theology and psychology can be integrated. The book will be valuable as a means for ensuring everyone's safety by illustrating ways to de-escalate potentially angry situations before a blowup, and for these ways to be therapeutic and helpful for the inmates at the same time.

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