



## **Life Coach: 3 Simple Steps to Self-Confidence: You will never, ever lack self-confidence again.**

*Peter Strong*

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You will never, ever lack self-confidence again.

Have you noticed how self-confident people radiate strength and security? How they have a power of their own? You can be one of them. The secret to feeling like this is to believe in yourself. In this definitive book on self-confidence Peter Strong hits on the key to developing unshakeable self-confidence and that is finding your 'This is it!' - the thing in life you really want to be doing. When you find this, self-confidence becomes automatic.

3 Easy Steps:

- Choose happiness as your number one goal
- Learn to trust yourself
- Use mental picturing to achieve your goals

Get More ...

- Self-confidence, self-respect, self-worth & self esteem are different. You need them all!
- Develop a magnetic appeal to move you up the ladder and enhance your relationships
- End the pattern of disappointment and failure



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