



Living with Less: The Upside of Downsizing Your Life

Mark Tabb

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Mark Tabb won't ignore the facts about the hectic pace of modern life that we are, ironically, often too tired to acknowledge and change. In his candid and spiritually insightful Living with Less, he declares, "The only way to get more out of life is to choose less. Less stuff. Less activity. Less wanting more. . . . May God give us the courage to choose less stress in order that we might experience more of the life he has planned for us."



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