



Living with Less: The Upside of Downsizing Your Life

Mark Tabb

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Mark Tabb won't ignore the facts about the hectic pace of modern life that we are, ironically, often too tired to acknowledge and change. In his candid and spiritually insightful *Living with Less*, he declares, "The only way to get more out of life is to choose less. Less stuff. Less activity. Less wanting more. . . . May God give us the courage to choose less stress in order that we might experience more of the life he has planned for us."

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