



# The United States of Excess: Gluttony and the Dark Side of American Exceptionalism

*Robert Paarlberg*

Download now

[Click here](#) if your download doesn't start automatically

# The United States of Excess: Gluttony and the Dark Side of American Exceptionalism

Robert Paarlberg

**The United States of Excess: Gluttony and the Dark Side of American Exceptionalism** Robert Paarlberg

Compared to other wealthy countries, America stands out as a gluttonous over-consumer of both food and fuel. The United States boasts an obesity prevalence double the industrial world average, and per capita carbon emissions twice the average for Europe. Still worse, the policy steps taken by America in response to obesity and climate change have so far been the weakest in the industrial world. These aspects of America's exceptionalism are nothing to be proud of.

Is it possible that America is hard-wired to consume too much food and fuel? Unfortunately, yes, says Robert Paarlberg in *The United States of Excess*. America's excess is driven in each case by its distinct endowment of material and demographic resources, its unusually weak national political institutions, and a unique political culture that celebrates both individual freedoms over social responsibility, and free markets over governmental authority. America's over-consumption is shown to be over-determined.

Because of these powerful underlying circumstances, America's strongest policy response, both to climate change and obesity, will be adaptation rather than mitigation. As the damaging consequences of climate change become manifest, America will not impose adequate measures to reduce fossil fuel consumption, attempting instead to protect itself from storms and sea-level rise through costly infrastructure upgrades. In response to the damaging health consequences of obesity, America will opt for medical interventions and physical accommodations, rather than the policy measures that would be needed to induce better diets or more exercise.

These adaptation responses will generate serious equity problems, both at home and abroad. Responding to obesity with medical interventions will fall short for those in America most prone to obesity - racial minorities and the poor - since these groups have never enjoyed adequate access to quality health care. Responding to climate change by building more resilient infrastructures at home, while allowing atmospheric concentrations of CO<sub>2</sub> to continue their increase, will impose greater climate disruption on poor tropical countries, which are far less capable of self-protection. Awareness of these inequities must be the starting point toward altering America's current path.

 [Download The United States of Excess: Gluttony and the Dark ...pdf](#)

 [Read Online The United States of Excess: Gluttony and the Da ...pdf](#)

## **Download and Read Free Online The United States of Excess: Gluttony and the Dark Side of American Exceptionalism Robert Paarlberg**

---

### **From reader reviews:**

#### **Eric Bass:**

Here thing why this particular The United States of Excess: Gluttony and the Dark Side of American Exceptionalism are different and reputable to be yours. First of all studying a book is good however it depends in the content from it which is the content is as delightful as food or not. The United States of Excess: Gluttony and the Dark Side of American Exceptionalism giving you information deeper including different ways, you can find any book out there but there is no publication that similar with The United States of Excess: Gluttony and the Dark Side of American Exceptionalism. It gives you thrill studying journey, its open up your own eyes about the thing that will happen in the world which is possibly can be happened around you. You can actually bring everywhere like in playground, café, or even in your way home by train. If you are having difficulties in bringing the printed book maybe the form of The United States of Excess: Gluttony and the Dark Side of American Exceptionalism in e-book can be your alternative.

#### **Cynthia Richards:**

Do you one among people who can't read pleasant if the sentence chained inside the straightway, hold on guys this particular aren't like that. This The United States of Excess: Gluttony and the Dark Side of American Exceptionalism book is readable simply by you who hate those straight word style. You will find the information here are arrange for enjoyable reading through experience without leaving even decrease the knowledge that want to deliver to you. The writer associated with The United States of Excess: Gluttony and the Dark Side of American Exceptionalism content conveys prospect easily to understand by many individuals. The printed and e-book are not different in the written content but it just different by means of it. So , do you nonetheless thinking The United States of Excess: Gluttony and the Dark Side of American Exceptionalism is not loveable to be your top list reading book?

#### **Debra Unger:**

Do you have something that you prefer such as book? The e-book lovers usually prefer to select book like comic, limited story and the biggest one is novel. Now, why not trying The United States of Excess: Gluttony and the Dark Side of American Exceptionalism that give your enjoyment preference will be satisfied by simply reading this book. Reading habit all over the world can be said as the opportunity for people to know world much better then how they react toward the world. It can't be mentioned constantly that reading routine only for the geeky individual but for all of you who wants to be success person. So , for all of you who want to start reading through as your good habit, it is possible to pick The United States of Excess: Gluttony and the Dark Side of American Exceptionalism become your own starter.

#### **Stanley Cooper:**

This The United States of Excess: Gluttony and the Dark Side of American Exceptionalism is new way for you who has intense curiosity to look for some information as it relief your hunger of knowledge. Getting

deeper you upon it getting knowledge more you know or else you who still having small amount of digest in reading this The United States of Excess: Gluttony and the Dark Side of American Exceptionalism can be the light food to suit your needs because the information inside that book is easy to get by means of anyone. These books produce itself in the form and that is reachable by anyone, yep I mean in the e-book form. People who think that in book form make them feel tired even dizzy this book is the answer. So you cannot find any in reading a guide especially this one. You can find actually looking for. It should be here for you. So , don't miss the idea! Just read this e-book sort for your better life and knowledge.

**Download and Read Online The United States of Excess: Gluttony and the Dark Side of American Exceptionalism Robert Paarlberg  
#WA3UM08S7F5**

# **Read The United States of Excess: Gluttony and the Dark Side of American Exceptionalism by Robert Paarlberg for online ebook**

The United States of Excess: Gluttony and the Dark Side of American Exceptionalism by Robert Paarlberg  
Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The United States of Excess: Gluttony and the Dark Side of American Exceptionalism by Robert Paarlberg books to read online.

## **Online The United States of Excess: Gluttony and the Dark Side of American Exceptionalism by Robert Paarlberg ebook PDF download**

**The United States of Excess: Gluttony and the Dark Side of American Exceptionalism by Robert Paarlberg Doc**

**The United States of Excess: Gluttony and the Dark Side of American Exceptionalism by Robert Paarlberg MobiPocket**

**The United States of Excess: Gluttony and the Dark Side of American Exceptionalism by Robert Paarlberg EPub**