



Acupuncture Physical Medicine

Mark Seem

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In this groundbreaking book, Dr Seem shares with us the fruits of 20 years of treating patients with all types of chronic fatigue, pain, and stress disorders. These are patients for whom standard medical treatments have offered little help and who often find their way to acupuncturists as a last resort. Included are Dr Seem's classification of the four major patterns of tight tender points that he finds in such patients, his treatment strategies in each pattern, and many charts and diagrams to help busy practitioners use his approach more effectively. This book is a must for acupuncturists treating any type of chronic condition.

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