



Counselling and Psychotherapy in Contemporary Private Practice

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What are the dilemmas faced by counsellors and psychotherapists in contemporary private practice and how do these impact on the therapeutic relationship?

Working as a counsellor or psychotherapist in contemporary private practice presents a number of clinical, ethical and philosophical dilemmas that impact on the therapeutic relationship. *Counselling and Psychotherapy in Contemporary Private Practice* brings together experienced contributors to explore these dilemmas, with insightful and illuminating results.

This book distinguishes itself as it does not simply offer practical ideas. It also presents the reader with issues that arise from the specific context of working in independent practice and explores how these affect what takes place in the therapeutic relationship.

Counselling and Psychotherapy in Contemporary Private Practice will provide essential reading for students of counselling and psychotherapy, qualified and experienced practitioners contemplating setting up in private practice. It will also be of interest to those already working in private practice, who wish to reflect upon the dilemmas that arise in this working environment.



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