



Psychological Testing in the Age of Managed Behavioral Health Care

Mark E. Maruish, E. Anne Nelson

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Written by a recognized expert in assessment employed by a large managed behavioral healthcare organization (MBHO), this book seeks to provide psychologists who rely on testing as an integral part of their practice, a guide on how to survive and thrive in the era of managed behavioral healthcare. It also offers ideas on how to capitalize on the opportunities that managed care presents to psychologists. The goal is to demonstrate that despite the tightening of the reins on authorizations for reimbursable testing, psychological testing can continue to play an important role in psychological practice and behavioral healthcare service delivery.

The book presents ideas for:

- *increasing the likelihood of getting tests authorized by MBHOs;
- *using inexpensive/public domain assessment instruments;
- *ethically using psychological testing in MBHO settings;
- *capitalizing on the movement to integrate primary care and behavioral healthcare through the use of psychological testing; and
- *designing and implementing outcomes assessment systems within MBHO settings.

Intended for practicing psychologists and other behavioral health practitioners employed by MBHOs in direct service delivery, care management or supervisory positions, as well as for graduate clinical or counseling psychology students who will most likely work in MBHO settings.

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