



# Heavenly Highs: Ayahuasca, Kava-Kava, DMT, and Other Plants of the Gods

*Peter Stafford*

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## **Heavenly Highs: Ayahuasca, Kava-Kava, DMT, and Other Plants of the Gods** Peter Stafford

HEAVENLY HIGHS introduces the reader to a world of entheobotanicals (plants which release the god within) used by Shaman and psychedelic explorers. Includes DMT, which is found in psychedelic snuff; Amazonian ayahuasca, which is a bitter tasting beverage that triggers visionary experiences with plant gods; Ibogain, which is a yellowish root ingested by indigenous peoples to achieve visionary experiences; and Belladonna, Yohimbe and Kava-Kava. For each group Stafford provides the history, botany, chemistry, mental and physical effects, preparation and use, and legal considerations.



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