



Animal, Vegetable, Miracle: A Year of Food Life

Barbara Kingsolver, Camille Kingsolver, Steven L. Hopp

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Author Barbara Kingsolver and her family abandoned the industrial-food pipeline to live a rural life—vowing that, for one year, they'd only buy food raised in their own neighborhood, grow it themselves, or learn to live without it. Part memoir, part journalistic investigation, *Animal, Vegetable, Miracle* is an enthralling narrative that will open your eyes in a hundred new ways to an old truth: You are what you eat.



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